

VISION • ACTION • RESULTS

TONY ROBBINS RESULTS COACHING



Welcome to Tony Robbins Results Coaching program. We are honored to be with you on this exciting journey to peak performance. Please complete this in-depth questionnaire and e-mail this back to your coach.

This information is imperative for your coach to learn your unique strengths, potential roadblocks and the most effective coaching style to fit your personality before your first session.

Name

<u>PERSONAL HISTORY</u>

Name your three greatest accomplishments in your life to date?

What is the hardest thing you have ever had to overcome?

Who are (or have been) your major role models? Would you be willing to add some? Why?

What major transitions have you had in the past two years? (i.e. – approaching a new decade of life, a new relationship, a new job, a new role, a new residence, changes in children's stages of life, separation, divorce, death of a loved one, birth of a child, marriage, etc.)

<u>YOUR LIFE</u>
Who are the key people in your life and what do they provide for you?
Is your life one of your choosing? If not, which parts are being chosen for you?
On a scale of 1 – 10, 10 = HIGH, provide a number that represents your current level/degree of stress:
What are your primary stressors?
List five (5) things that you are tolerating in your life at present. (i.e. – job dissatisfaction, relationship/family stress, financial stress, low self-esteem, personal limitations, etc...)
<u>COACHING YOU</u>
What would you expect or like your Coach to do if you get behind on your goals?

How will you know when you are receiving value (i.e. – your money’s worth) from Coaching?

What types of approaches discourage you or take away your motivation?

How can your Coach best support you in this relationship? Using each number once, place the following in order of importance. Rank using 1-10 (1= Most Important; 10 = Least Important)

Brainstorming Strategies Together	Insight into Who You Are and Your Potential
Support, Encouragement, Validation	Exploring and Removing Blocks and Obstacles to Your Success
Accountability; Checking up on Goals	Working through Self-Improvement Programs Together
Suggesting or Designing Action Steps	Painting a Vision of What You Can Become or Accomplish
Strategic Planning	Directness: Asking Hard Questions; Challenging You to Move Forward

POTENTIAL & POSSIBILITY

What are the three goals you want to achieve over the next 3 months?

What are the three biggest changes you want to make in your life in the next 3 years?

Do you have a personal or professional vision?
If so, what is it?
What would you like to contribute to the world?
What is a dream or goal you have given up on?
What part of yourself, if any, have you given up on?
On a scale of 1 to 10 (10= HIGH), rate the quality of your life today:

Name:

Let Us Know which Tony Robbins Events/Products you have used/attended

Tony Robbins live events you have attended (check all that apply and indicate month/year attended)

Unleash The Power Within	☐		Life Mastery	☐	
Date With Destiny	☐		Wealth Mastery	☐	
Leadership Academy	☐		Business Mastery	☐	
Power to Influence	☐		Skills of Power	☐	
Results 2000	☐		Financial Power	☐	
The Competitive Edge	☐		Other	☐	

Tony Robbins products you have purchased (check all that apply)

Tony Robbins Power Talk!	☐		Get The Edge	☐	
Time of Your Life	☐		Personal Power II	☐	
Unlimited Power	☐		Unleash the Power Within	☐	
Awaken the Giant Within (book/audio)	☐		Living Health	☐	
The Body You Deserve	☐		Mastering Influence	☐	
Ultimate Relationship Program	☐		The Path to Permanent Weight Loss	☐	
Robbins-Madanes products:			Ultimate Edge	☐	
Reclaiming Your True Identity	☐		Money Masters	☐	
Leadership in Times of Crisis	☐		RPM Binder	☐	
Conquering Overwhelming Loss	☐		Creating Lasting Change	☐	
Inner Balance Products:			Pure Energy Greens	☐	
Life Balance Pack	☐		Other:		
Daily Essentials Pack	☐				
Living Light Pack	☐				